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Nightguard Care and Cleaning Guide



Ask for Nightguards
fabricated by:

PROTEC
DENTAL LABORATORIES LTD.

Crown & Bridge • Dentures • Orthodontics



www.protecdental.com

Care and Maintenance

Nightguards can wear out or deteriorate over time. Several precautions should be taken to maintain your appliance.



Wear your appliance as directed. Never attempt to clean your guard by boiling it in hot water. For ProFlex nightguards, run under warm water before use. Do not wrap your appliance in a tissue as it could be mistakenly discarded, and be careful not to leave it where it might be stepped on or chewed by a pet.

Regularly check the condition of your nightguard. Cracks or perforations can irritate teeth and mouth tissues. Be sure to visit your dentist regularly to have your appliance checked and adjusted.



**DO NOT CLEAN
IN BOILING WATER**

Cleaning and Storage

CLEAN ALL SURFACES WITH A STIFF TOOTHBRUSH AND TOOTHPASTE OR SOAPY WATER, AND RINSE.



SOAK YOUR NIGHTGUARD FREQUENTLY AS NEEDED WITH **RETAINER BRITE** CLEANING TABLETS.



STORE IN A FIRM, PERFORATED CONTAINER.

