



Care and Cleaning of Your Splint/Nightguard

Ask for splints
fabricated by:

Your full service dental laboratory!
PROTEC
DENTAL LABORATORIES LTD.



Care and Maintenance

Nightguards can wear out, deteriorate, or become lost over time. Therefore, several precautions should be taken to maintain your appliance.



**DO NOT CLEAN
IN BOILING WATER**

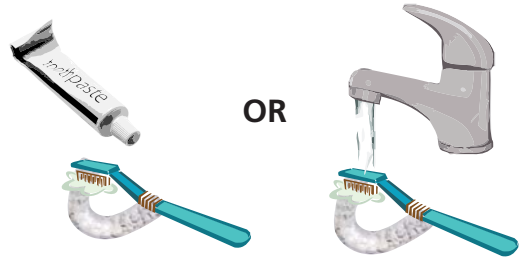
Wear your splint as directed. Never attempt to clean your appliance by boiling it in hot water. Do not wrap your nightguard in a napkin or tissue as it could be mistakenly thrown out. Be careful not to leave your appliance where it might be stepped on or chewed by a pet.

Regularly check the condition of your guard. Cracks or perforations can irritate teeth and mouth tissues or make treatment ineffective. Be sure to keep your appointments and visit your dentist regularly to have your splint adjusted and your oral health assessed.



Cleaning and Storage

CLEAN ALL SURFACES WITH A STIFF TOOTHBRUSH AND TOOTHPASTE OR SOAPY WATER



OCCASIONALLY SOAK YOUR APPLIANCE IN AN EFFERVESCENT DENTURE CLEANING SOLUTION



STORE IN A FIRM, PERFORATED CONTAINER

